



北加州華人文化體育協會

Northern California Chinese Culture - Athletic Federation

4343 Peralta Blvd., Fremont, CA 94536

Email: nccaf_usa@yahoo.com Tel: 510-796-9988 Fax: 510-796-9933 <http://www.nccaf.org>

2007 NCCAF APTSJW CUP Swimming Meet Registration Form Sunday, Aug. 12, 2007

LOCATION: Dan Oden Swim Complex (cross from Logan High School) 33901 Syracuse Avenue, Union City, CA 94587.

Go I-880 North towards Oakland, take Alvarado Niles exit and turn right on Alvarado Niles Road, then make a left on Hartnell Street. The parking lot and facility are on your left.

COURSE: Outdoor heated 25 yard pool, 12 lanes wide. Up to 8 competition lanes will be used, and two warm-up lanes will be available during the meet.

TIME: Meet begins at 9:00am; Warm-ups from 7:45-8:45am. Officials and coaches meetings will be conducted prior to the starting time. **Age groups for 19 and younger will compete in the morning section, and age groups for 20 and above will be in the afternoon section.** Afternoon section will begin no sooner than 30 mins after the completion of morning section.

DEADLINE FOR ENTRY: Aug. 1st 2007

ELIGIBILITY: Open to all age group swimmers who have registered correctly.

AGE: The date to define the age is Aug 1/ 2007. For example, if the swimmer was born before Aug. 1/1994 or on Aug. 1/ 1994 then he/she will attend the meet as age 13-15; If the swimmer was born after Aug. 1/1994, then he/she will attend the meet as age 10-12 and so on.

RULES: Current U.S.A. and Pacific Swimming rules will govern the meet. All events are timed finals. Swimmers may compete in **no limit** individual events and team relays. The event will start on time even if any swimmer who has checked-in for an individual event but fails to appear on the block on time.

RESTRICTIONS: Smoking and use of tobacco product and alcoholic beverage is prohibited on the deck, locker rooms, spectator seating areas, and **all areas used by swimmers**. In order to run the meet smoothly, some areas may need to clean up in order to run the meet smoothly.

CHECK-IN: The meet will be no deck check in. The meet schedule, heats and lanes arrangement will be posted at the meet. Swimmers should check at the bulletin board and go to the right lane at his/her heat. We will also give reminders of the events and heat by using the broadcast at the meet. Swimmers are required to bring IDs.

ENTRIES: Entries must be completed on the attached entry card. Cards must be filled out completely and printed clearly with a time for each event you enter. "No time" entries will be seeded in the slow heat. Entries must be postmarked by **Midnight June 15**. Except for mandatory scratches no refunds will be made. Entries will not be accepted without payment and swimmers under 18 must sign registration forms by their parents.



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ENTRY FEE: \$4.00 per individual event, and \$10.00 per relay. No participation fee per swimmer. (Please make full payment for individual events, entry forms with no payment for individual events will not be scheduled in the meet; Relay teams are allowed to make the payment at meet. Make all checks/money orders payable to NCCAF and mail with entries to:

**NCCAF,
4343 peralta Blvd.
Fremont, CA 94536.
Telephone: 510 796 9900
Fax: 510 796 9933.**

SCORING: Individual events 1st=7, 2nd=5, 3rd=4, 4th=3, 5th=2, 6th=1
And relays 1st=14, 2nd=10, 3rd=8, 4th=6, 5th=4, 6th=2.

AWARDS: Awards will be made 1st through 3rd place for each event. All individual and relay medals must be picked up at meet, as they will not be mailed. Details will be announced during the meet.



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Order of Events

Morning Section:

Girl	Age/Event	Boy
1	6 & under 25 Free	2
3	7-9 25 Free	4
5	10-12 25 Free	6
7	13-15 50 Free	8
9	16-19 50 Free	10
11	6 & under 25 Breast	12
13	7-9 25 Breast	14
15	10-12 25 Breaststroke	16
17	13-15 50 Breaststroke	18
19	16-19 50 Breaststroke	20
21	6 & under 25 Back	22
23	7-9 25 Back	24
25	10-12 25 Backstroke	26
27	13-15 50 Backstroke	28
29	16-19 50 Backstroke	30
31	6 & under 25 Butterfly	32
33	7-9 25 Butterfly	34
35	10-12 25 Butterfly	36
37	13-15 50 Butterfly	38
39	16-19 50 Butterfly	40
41	6 & under 50 Free	42
43	7-9 50 Free	44
45	10-12 50 Free	46
47	13-15 100 Free	48
49	16-19 100 Free	50
51	6 & under 50 Breast	52

Girl	Age/Event	Boy
53	7-9 50 Breast	54
55	10-12 50 Breaststroke	56
57	13-15 100 Breaststroke	58
59	16-19 100 Breaststroke	60
61	7-9 50 Back	62
63	10-12 50 Backstroke	64
65	13-15 100 Backstroke	66
67	16-19 100 Backstroke	68
75	13-15 100 Butterfly	76
77	16-19 100 Butterfly	78
79	6&under 100IM	80
81	7-9 100 IM	82
83	10-12 100 IM	84
85	13-15 200 IM	86
87	16-19 200 IM	88
89	6 & under 4x50 Free Relay	90
91	7-9 4x50 Free Relay	92
93	10-12 4x50 Free Relay	94
95	13-15 4x50 Free Relay	96
97	16-19 4x50 Free Relay	98
99	6 & under 4x50 Medley Relay	100
101	7-9 4x50 Medley Relay	102
103	10-12 4x50 Medley Relay	104
105	13-15 4x50 Medley Relay	106
107	16-19 4x50 Medley Relay	108



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Afternoon Section

Women	Age/Event	Men	Women	Age/Event	Men
109	20-25 50 Free	100	157	26-35 10 Breaststroke	158
111	26-35 50 Free	112	159	36-45 100 Breaststroke	160
113	36-45 50 Free	114	161	46-55 100 Breaststroke	162
115	46-55 50 Free	116	163	56 & up 100 Breaststroke	164
117	56 & up 50 Free	118	165	20-25 100 Backstroke	166
119	20-25 50 Breaststroke	120	167	26-35 100 Backstroke	168
121	26-35 50 Breaststroke	122	169	36-45 100 Backstroke	170
123	36-45 50 Breaststroke	124	171	46-55 100 Backstroke	172
125	46-55 50 Breaststroke	126	173	20-25 100 Butterfly	174
127	56 & up 50 Breaststroke	128	175	26-35 100 Butterfly	176
129	20-25 50 Backstroke	130	177	56 & up 100 IM	178
131	26-35 50 Backstroke	132	179	46-55 100 IM	180
133	36-45 50 Backstroke	134	181	36-45 100 IM	182
135	46-55 50 Backstroke	136	183	20-25 200IM	184
137	20-25 50 Butterfly	138	185	56&up 4x50 Free Relay	186
139	26-35 50 Butterfly	140	187	46-55 4x50 Free Relay	188
141	36-45 50 Butterfly	142	189	36-45 4x50 Free Relay	190
143	46-55 50 Butterfly	144	191	26-35 4x50 Free Relay	192
145	20-25 100 Free	146	193	20-25 4x50 Free Relay	194
147	26-35 100 Free	148	195	56 & up 4x50 Medley Relay	196
149	36-45 100 Free	150	197	46-55 4x50 Medley Relay	198
151	46-55 100 Free	152	199	36-45 4x50 Medley Relay	200
153	56 & up 50 Free	154	201	26-35 4x50 Medley Relay	202
155	20-25 100 Breaststroke	156	203	20-25 4x50 Medley Relay	204



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NCCAF Swimming Individual/Relay Entry Form					
English Name:			Chinese Name (optional):		
Last		First			
AGE	Gender	M	F	DATE OF BIRTH	CLUB/TEAM NAME
Event #	Seeding Time		Distance/Stroke		Age Group
	:	.			
	:	.			
	:	.			
	:	.			
	:	.			
	:	.			
	:	.			
No. of events _____ X \$4.00(for individual events) =\$_____ X\$10.00(for relay teams)					
= \$_____ Total Due\$_____ Paid \$_____					

I (we) voluntarily participate in NCCAF' s swimming meet 2007. I (we) hereby agree that NCCAF and the meet cannot be held responsible for any illness and injury sustained as result of participating in the meet (voluntary) service, transportation or competitions.

Signature _____ Print _____ Date _____

Phone _____ Email _____